

Course Title	MODERN DANCE MIDDLE SCHOOL 2A/1B	
Course Abbreviation	MOD DANCE MS 2A/1B	
Course Code	190203/04	
Special Notes	Year course. No prerequisite.	
Course Description	This course introduces modern dance technique and vocabulary. Students receive instruction in basic modern technique designed to develop balance, coordination, agility, flexibility, strength and endurance. Special emphasis will be placed on dynamic alignment, weight shift, use of momentum, body awareness, increasing the student's ease and range of motion, and personal expression. Movement exploration, improvisation and basic compositional activities based in the elements of dance will reinforce vocabulary and performance skills.	
California Content Standards	<p>ARTISTIC PERCEPTION</p> <p>1.1 Demonstrate increased focus, physical control, coordination, skill, and accurate reproduction in performing locomotor and axial movement.</p> <p>1.2 Demonstrate increased ability and skill to sustain longer and more complex movement sequences for expression in a variety of dance styles.</p> <p>1.3 Demonstrate risk taking in generating bigger and stronger movements through space in rehearsal and performance.</p> <p>1.4 Identify and use a wider range of space, time, and force/energy to manipulate locomotor and axial movements.</p> <p>1.5 Use appropriate dance vocabulary to describe everyday gestures and other movements observed in viewing live or recorded dance performances.</p> <p>CREATIVE EXPRESSION</p> <p>2.2 Demonstrate the ability to use personal discovery and invention through improvisation and choreography.</p> <p>2.5 Demonstrate performance skill in the ability to interpret and communicate through dance. 2.6 Collaborate with others in preparing a dance presentation for an audience (short informal dance, lecture/demo, evening concert).</p> <p>HISTORICAL AND CULTURAL CONTEXT</p> <p>3.3 Explain how dance functions among people of different age groups, including their own.</p> <p>AESTHETIC VALUING</p> <p>4.1 Demonstrate understanding of the elements of dance and the craft of choreography when critiquing two kinds of dance (e.g., solo, duet).</p> <p>4.2 Identify assessment criteria used for outstanding performances in different styles of dance (e.g., theatre, social, ceremonial).</p> <p>4.3 Explain and analyze the impact of live or recorded music on dance performances. (Recorded music is consistent. Live music can be altered).</p> <p>4.4 Explain how different venues influence the experience and impact of dancing (e.g., a studio setting, traditional stage, theater in the round).</p> <p>CONNECTIONS, RELATIONSHIPS, APPLICATIONS</p> <p>5.2 Describe how dancing builds physical and emotional well-being (e.g., positive body imaging, physical goals, creative goals, focus/concentration). Development of Life Skills and Career Competencies</p> <p>5.3 Appraise how time management, listening, problem-solving, and teamwork skills used with other dancers in composing and rehearsing a dance can be applied to other group activities.</p> <p>5.4 Research and compare careers in dance and dance-related fields.</p>	
Instructional Units/Pacing Plan	Instructional Units	Suggested Percentage of Instructional Time
	Topics should be presented in an integrated manner where possible. Time spent on each unit is to be based upon the needs of the student and the instructional program.	
	<p>Technique and Movement Skills</p> <ul style="list-style-type: none"> • Skill-based exploration of the elements of dance • Movement Skills (balance, agility, coordination, strength, endurance) • Body Awareness • Performance Skills <p>Creative Process (Exploration, Improvisation, Composition)</p>	<p>70</p> <p>20</p>

	Historical and Cultural Connections	10
Representative Objectives	The student will be able to: <ul style="list-style-type: none">• Deepen and practice technical/movement skills associated with modern dance in general, as well as with specific modern dance techniques, i.e., Duncan, Humphrey-Limon, Horton, Dunham, Graham, Cunningham, etc.• Perform dance sequences, combinations and compositions with technical accuracy and artistic fluency.• Use dance vocabulary to describe movement.• Explore the elements of dance, basic modern dance technique, and specific modern dance techniques through short dance sequences and improvisations.• Understand the history, philosophy and theory of modern dance.• Discuss and embody at least two distinct modern dance techniques.• Understand the place of technique as a tool to develop an expressive instrument of expression.• Use the choreographic process to develop dance studies and compositions around dance elements and basic technical skills.	
Representative Performance Skills	<i>In accordance with their individual capacity, students will grow in the ability to:</i> <ul style="list-style-type: none">• Apply their understanding of each exercise learned to develop their own technical skill and expressivity.• Use the specialized language of modern dance in discussions, journals, written reports and tests, self and peer assessments, and criteria charts.• Interpret and respond to information, images and ideas presented on film or video depicting performances from various modern dance traditions.• Make connections between basic modern dance technique and their developing understanding of their own dance preferences.• Create and evaluate dance studies and compositions developed around dance elements and basic technical skills.	
Suggested Texts & Materials	McCutchen, Brenda Pugh. 1943. <i>Teaching Dance as Art in Education. Human Kinetics.</i> Penrod, James and Plastino, Janice Gudde. <i>The Dancer Prepares: Modern Dance for Beginners.</i> Cheney, Gay. <i>Basic Concepts in Modern Dance: A Creative Approach.</i> Franklin, Eric N. <i>Dance Imagery for Technique and Performance.</i> Franklin, Eric N. <i>Conditioning for Dance.</i> Sprague, Marty, Helene Scheff, and Susan McGreevy-Nichols. <i>Dance About Anything.</i> Pomer, Janice. <i>Dance Composition.</i> Sprague, Marty, Helene Scheff, and Susan McGreevy-Nichols. <i>Experiencing Dance: From Student to Dance Artist.</i> Other resources and materials (books, journals, DVDs, etc.) appropriate to the genre.	
<u>Credentials Required to Teach this Course</u>		
One of the Following:		
Single Subject Physical Education		
Subject Matter Authorization in Dance		